



NH Children's Behavioral Health RESOURCE CENTER



Behavioral Health Support for New Hampshire Children, Youth, & Families

Resources for Families

- Learn about common mental health diagnoses, treatments, and supports.
- Link to information about proven interventions and practices.
- Use the search tool to find a provider near you who can help.



For more information,
visit cbhrc.nh.gov

In need of immediate mental health or substance use support? Call or text **833-710-6477**
NH Rapid Response or the **national 988 Lifeline**. Confidential and no cost to you.



University of
New Hampshire
Institute on Disability



NEW HAMPSHIRE
DHHS
DEPARTMENT OF
HEALTH & HUMAN SERVICES