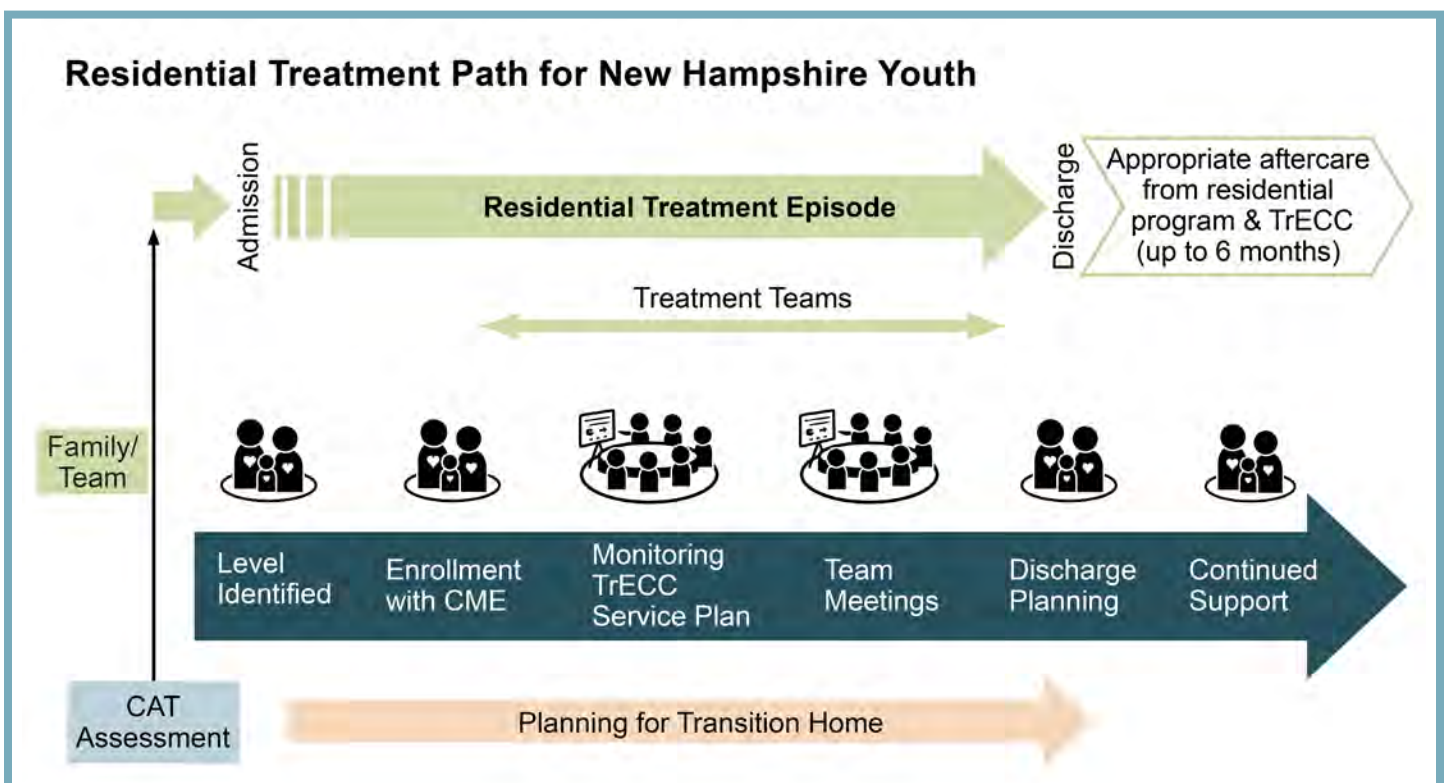


Transitional Enhanced Care Coordination (TrECC)

The Transitional Enhanced Care Coordination (TrECC) program is designed to help youth and families who are transitioning into or out of an episode of residential treatment or psychiatric hospitalization. TrECC’s focus is to assist in the coordination of care and monitoring of the episode of treatment to ensure that needs and goals of the youth and family are addressed, and are prioritized at the forefront of treatment and throughout.

TrECC works closely with the youth, family, treatment providers, and the community to ensure that the youth’s transition is well-planned, with the right supports in place to allow both the youth and their family in succeeding together. Youth and families see the most success when conversation around transition planning happen early and often. Formal and natural supports are identified by the family through the team process.

TrECC isn’t intended to replace existing treatments, services, or therapies. Instead, TrECC partners with youth, family, and their team to access the available services that match goals and needs. TrECC’s mission is to help families build a strong foundation to minimize crises and ensure support throughout this transitional period.



TrECC helps youth and families:

- Navigate
- Communicate
- Assess
- Plan
- Regain Hope
- Reach their treatment goals
- Return to a healthier life together

TrECC requires:

- Voluntary agreement from the youth and family
- Transition planning from the start of an episode of treatment
- Family meetings once a month, including in-person visits
- Team meetings every 30 to 45 days



TrECC adheres to the four fundamental values of the New Hampshire System of Care:

- Youth and Family Driven
- Community Based
- Culturally and Linguistically Competent
- Trauma Responsive

For any further questions, please contact:

- Nicole Wright, NFI North TrECC Program Director, (603) 931-2646 or nicolewright@nafi.com
- Karley Hoffstatter, NFI North TrECC Assistant Program Director, (603) 568-2846 or karleyhoffstatter@nafi.com
- Kaitlyn Gould, Connected Families Northern Regional Manager, (603) 499-2531 or kgould@co.cheshire.nh.us
- Roxanne Jack, Connected Families Southern Regional Manager, (603) 499-3514 or rjack@co.cheshire.nh.us

