



# NH Children's Behavioral Health RESOURCE CENTER



## Behavioral Health Support for New Hampshire Children, Youth, & Families

### Resources for Families

- Learn about common mental health diagnoses, treatments, and supports.
- Link to information about proven interventions and practices.
- Use the search tool to find a provider near you who can help.



For more information,  
visit [cbhrc.nh.gov](https://cbhrc.nh.gov)

In need of immediate mental health or substance use support? Call or text **833-710-6477**  
**NH Rapid Response** or the **national 988 Lifeline**. Confidential and no cost to you.



University of  
New Hampshire  
Institute on Disability



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