

# Workforce Development for State Youth Treatment Implementation (SYT-I): Creating Connections NH Final Report for FY 2024

UNH INSTITUTE ON DISABILITY

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## Partners

NH Bureau for Children’s Behavioral Health  
NH Bureau of Drug and Alcohol Services  
Human Services Research Institute (HSRI)  
NH Alcohol & Drug Abuse Counselors Association  
The Seven Challenges  
Youth MOVE NH

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## Executive Summary

Beginning in 2018, the state of New Hampshire's Bureau for Children's Behavioral Health in the Department of Health and Human Services began to develop a concept for a statewide continuum of care for youth and young adults engaged in problematic substance use. The state engaged the children's behavioral health team at the Institute on Disability (IOD) at the University of New Hampshire as the project's primary workforce partner. The continuum, called Creating Connections NH, has provided training in a research-based treatment specifically designed for youth and young adults and designed and stood up Alternative Peer Groups in many regional of the state. Beginning with planning and implementation grants from the Substance Abuse and Mental Health Services Administration (SAMHSA), the project has been sustained and expanded with state and federal funds. This report outlines the accomplishments relative to the IOD Creating Connections NH FY 2024 contract, including training and support for The Seven Challenges providers and Alternative Peer Groups throughout the state, barriers and challenges encountered, geographic range of services, and plans for continuing the work as part of the NH Children's System of Care<sup>1</sup> initiative.

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<sup>1</sup> <https://childrensbehavioralhealthresources.nh.gov/about-cbh-resource-center>

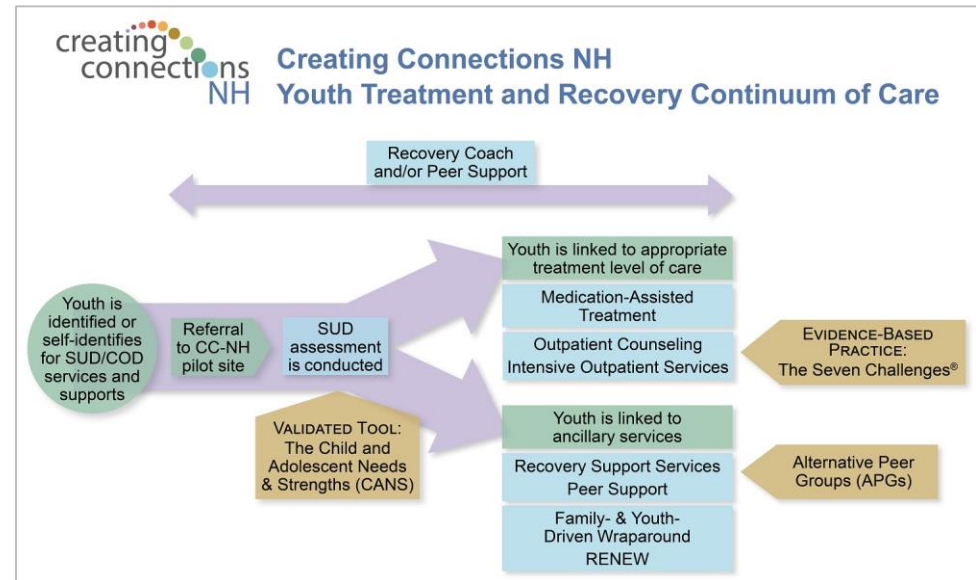


## Project Background

Beginning with a 2016 planning grant from the Substance Abuse and Mental Health Services Administration, the NH Bureau for Children’s Behavioral Health initiated an effort to develop and stand up a statewide system of services and supports for youth and young adults, ages 12-25, with substance use disorders and co-occurring mental health challenges.<sup>2</sup> This project was facilitated by Institute on Disability staff at UNH as the workforce partner, engaging multiple constituents to develop a plan, create a model continuum of care (see Figure 1), and a branding activity culminating in the Creating Connections NH name. That planning phase was followed by a 3-year implementation grant, and has been sustained with state and federal funding.<sup>3</sup> Creating Connections NH has focused on standing up The Seven Challenges®, a treatment intervention designed specifically for youth and young adults with substance use disorders(SUD) and co-occurring mental health and SUD,<sup>4</sup> and Alternative Peer Recovery Groups (APGs)<sup>5</sup>, designed to create safe, substance-free, and supportive spaces for young people to receive peer support.

A survey of agencies in July 2023 showed that 68 youth were enrolled in The Seven Challenges treatment across 7 of the 9 participating agencies, and In FY 2024, the external evaluator reported on 52 youth. Alternative Peer Groups served XXX of youth in FY 2024.

**Figure 1. Creating Connections NH Youth Treatment and Recovery Continuum of Care**



## Implementation Structure

The IOD assembled a Management Team to develop and monitor an annual workplan. The plan for FY 2024 is in the Appendix. The Management Team included the BCBH, IOD staff, Human Services Research Institute (the project evaluation partner)<sup>6</sup>, and the NH Alcohol & Drug Abuse Counselors Association (NHADACA), who coordinate training events. This group met monthly.

<sup>2</sup> [https://iod.unh.edu/creating-connections-nh#:~:text=Creating%20Connections%20NH%20is%20a,health%20disorders%20\(SUD%20COD\).](https://iod.unh.edu/creating-connections-nh#:~:text=Creating%20Connections%20NH%20is%20a,health%20disorders%20(SUD%20COD).)

<sup>3</sup> <https://iod.unh.edu/creating-connections-nh>

<sup>4</sup> <https://www.sevenchallenges.com/>

<sup>5</sup> <https://iod.unh.edu/creating-connections-nh/alternative-peer-groups>

<sup>6</sup> <https://www.hsri.org/>



## Training and Technical Assistance

The BCBH sought to focus on the public community mental health system for the development of a youth SUD treatment component, so the project team recruited interested mental health centers as well as several community-based providers, including one DCYF affiliate (Foundations Counselling) to participate in training and implementation of The Seven Challenges. Each participating agency used a research-based screener such as the CRAFFT (Car, Relax, Alone, Forget, Family/Friends, Trouble) or CANS (Child and Adolescent Needs and Strengths) to identify youth with problematic substance use. The IOD staff developed and implemented the state's Alternative Peer Group model, providing training in collaboration with expert peer consultants.

### The Seven Challenges®

The Seven Challenges is a comprehensive counseling program designed to motivate individuals to reflect on their lives, consider changes they may wish to make, and then succeed in implementing the desired changes.<sup>7</sup> There are both youth and adolescent versions. Chosen by staff at the Bureau for Children's Behavioral Health as the primary community-based treatment intervention for the Creating Connections project, it supports youth to take control of their behaviors, their relationships, and understand why they may be using substances. The Seven Challenges can be implemented as an individual or group treatment.

Beginning in 2018, 2 agencies received training in The Seven Challenges as part of the SAMHSA-funded SYT-I grant.<sup>8</sup> One site dropped out of the demonstration in 2020. The second site, the Greater Nashua Mental Health Center, embraced the intervention and received intensive support to identify outcomes and barriers to implementation. Although the number of youth served was small, outcomes were promising, including reductions in drug, alcohol, and cannabis use.<sup>9</sup> Based on these promising results, a combination of state and federal funds supported expansion of Seven Challenges to a total of 13 sites (Table 1). The project also supported additional or new staff to attend remote and follow-up training. A total of 175 clinicians and supervisors have been trained by the Seven Challenges purveyor since the initiative began in 2019. As of FY 2024, nine of the original 13 agencies continue to implement the model.

In FY 2024 project funds supported registration costs for agency staff in three agencies to attend the Brief Challenges training. The Brief Challenges® is a 4-session counseling intervention designed to help assess the extent of the individual's substance use, activate motivation for change, and support the youth when they are being pressured to abstain or quit.

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<sup>7</sup> <https://www.sevenchallenges.com/>

<sup>8</sup> Workforce Development Plan for the State Youth Treatment-Implementation (SYT-I) Grant RFP-2018-DBH-08-WORKF

<sup>9</sup> HSRI (2021), FFY 2020 Evaluation Report. Creating Connections NH.



Support for The Seven Challenges initial and leader training, consultation calls, permission to provide the model, use of the materials, and fidelity assessments are covered by a blanket agency license that must be renewed every year. Trained leaders have permission to train others in their agency if a license is in place.

The cost of the initial license varies by agency however, it tends to be about \$15,000. Annual license renewals are \$3,500 per agency. Materials must be purchased separately once initial training is completed, and include the foundational workbook, the journals used by youth (10 types of journals), an activity book, posters, and book of readings. These costs have been covered by project funds. In addition, project funds supported renewal of annual The Seven Challenges licenses for 5 agencies, in FY 2024, which allows them to continue to implement the model. An additional four license renewals will be required in FY 2025.

The Seven Challenges staff also provide quarterly consultation calls to support practice improvement. In FY 2024, 36 clinicians and supervisors attended the calls, where the topics were driven by implementation challenges and clinical questions. The Seven Challenges staff also conduct annual fidelity meetings, which began in May 2024 for the currently licensed cohort of agencies.

The IOD team facilitated 5 Seven Challenges Learning Community meetings in FY 2024 for practitioners and supervisors, and The Seven Challenges trainers. The Learning Community agendas were driven by the needs as expressed by the providers, such as how to recruit and engage youth in the treatment, referral networks, linking with schools, and group versus individual modalities. The Learning community meetings included guest presenters from the Bureau of Drug and Alcohol Services, the NH Diversion Network, and the Doorways.



**Table 1. Agencies Trained in The Seven Challenges and Brief Challenges Since FY 2019**

<b>Agency Name</b>	<b>Type of Agency</b>	<b>Date of first training</b>	<b># staff trained</b>	<b>Status in FY 2024</b>
1. Greater Nashua Mental Health	Community Mental Health Center (CMHC)	7/2019 & 10/2019 3/2022 9/2022	19 14 5	Continuing to provide
2. Granite Pathways	SUD Provider	7/2019 & 10/2019	11	Withdrew from project in 2021
3. The Mental Health Center of Greater Manchester	CMHC	4/2021 3/2023 3/2024	12 2 3	Continuing to provide
4. Lakes Region Mental Health Center	CMHC	4/2021	6	Discontinued 2023
5. Seacoast Mental Health	CMHC	5/2021 3/2022 3/2023 9/2023	16 6 7 2	Continuing to provide
6. Community Partners	CMHC	5/2021	9	Continuing to provide
7. Live Free Recovery	SUD Provider	6/2021 1/2023	4 2	Withdrew from project 2022
8. Archways	Family Resource Center	9/2022 3/2023	6 6	Continuing to provide
9. Harbor Care	SUD Provider	9/2022	5	Inactive
10. Plymouth Area Recovery Center	SUD Provider	10/2022	2	Merged with Archways in 2023
11. Center for Life Management	CMHC	10/2022 1/2023 9/2023	7 5 6	Continuing to provide
12. Riverbend	CMHC	10/2022 9/2023 3/2024	3 2 3	Continuing to provide
13. Foundations Counseling	Division of Children, Youth and Families (DCYF) Affiliate	10/2022 3/2023 3/2024	4 3 5	Continuing to provide



## Youth Served

The project included an evaluation of youth outcomes led by HSRI. In FY 2024, data were reported on 52 youth who were enrolled in The Seven Challenges (92%) or Brief Challenges (8%) interventions. Most youth were served by Foundations Counseling and the Center for Life Management, 66% identified as heterosexual and 90% identified as White. Most youth were in the southern and central regions of the state (see Figure 2).

Almost half, or 46% of youth, were involved with the justice system. The primary substance used was marijuana. Foundations Counseling provided The Seven Challenges in a group format in the Sununu Youth Services Center for a brief period, and most youth (80%) were served in community-based settings.

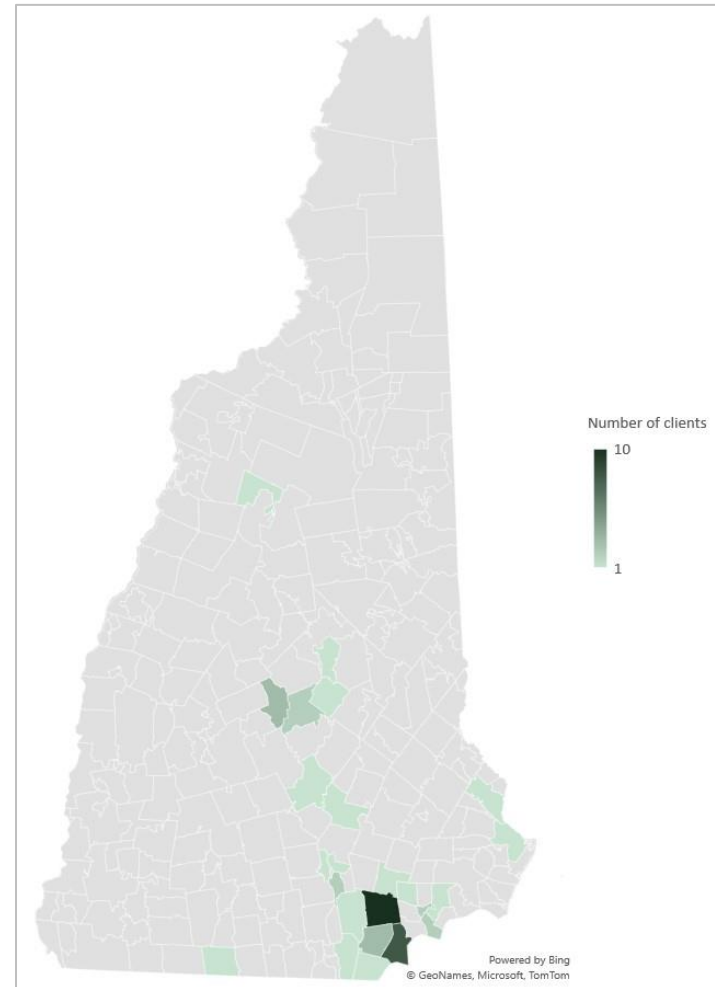
## Accomplishments

The early studies of impact of The Seven Challenges showed reductions in substance use and improvements in moods and emotions. Clinicians from several providers note these successes and enthusiastically embrace the model.

The project team focused on youth engagement and implementation in FY 2024. This included an intentional effort to build relationships with each provider so they could openly identify the challenges they encountered in providing The Seven Challenges to youth. Archways and The Mental Health Center of Greater Manchester focused on building relationships with local high schools and offering the intervention on site. Foundations Counseling learned that the Brief Counseling intervention would be best for its structure and began to build a referral pathways with other Seven Challenges providers. The project staff shared contact information and developed informational materials for the providers to use. Several of the mental health centers assessed their capacity to provide the intervention and are reworking their strategies. The goal going forward is to support

the current providers and continue to support them with technical assistance around implementation.

**Figure 2. The Seven Challenges: Geographic Distribution of Participants**



## Challenges

A 2023 report produced by the NH Children’s Behavioral Health Resource Center<sup>10</sup> and data from the sites exposed multiple issues regarding implementation of The Seven Challenges.

- One provider indicated that The Seven Challenges license is costly, while there are less expensive or no-cost options for training in research-based interventions for substance use disorders.
- Providers indicated that many youth object to writing in the journals, and that the journals are not accessible for youth with low-literacy or learning issues.
- When the COVID-19 pandemic forced providers to shift to remote treatment, The Seven Challenges journals, which are only available in hard copy, could not be used. The requirement that clinicians use hard copies of the journals poses significant logistical problems.
- State rules that restrict surveys or screening students in schools without explicit parental permission have adversely impacted the ability of school staff to identify and refer youth for substance use treatment.
- The perception that community mental health centers do not provide substance use treatment was a common theme in the report. While many of the participating centers appreciated the opportunity to build a SUD treatment into their service array, referents such as the Doorways, schools and community providers are not used to sending youth to CMHCs for SUD treatment.

- The Seven Challenges is not available in the southwest, west central, or northern regions of the state. Staff shortages and turnover have a profound impact on the ability of providers to free up staff for training and consultation.

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<sup>10</sup>

<https://childrensbehavioralhealthresources.nh.gov/sites/default/files/media>



## Alternative Peer Groups

Five organizations are facilitating twelve Alternative Peer Groups. This is an increase of two additional APGs operating in Fiscal Year 2024 from 2023. Carroll County APG South started in May 2024 (planning began in January) and Safe Harbor added and working in collaboration with Waypoint to provide an Alternative Peer Group to housing insecure youth and young adults starting in the spring of 2024. Current organizations implementing APGs include:

- Revive Recovery – Nashua, NH
- Archways – Franklin Middle & High Schools, Newfound School (Plymouth, NH)
- Safe Harbor Recovery Center Granite Pathways – Portsmouth and Rochester NH
- Live Free Adolescent Recovery – Dover Middle & High Schools, Bellamy Academy, Somersworth Middle & High Schools
- Carroll County APG South: Kingswood Youth Center, Wolfeboro, NH

Between July 1, 2023, and June 30, 2024, the IOD project staff provided 10 trainings to 52 individuals and facilitated 11 Learning Communities in which 46 APG facilitators and supervisors participated, on topics such as family engagement, recovery action planning, trauma-informed care, The Seven Challenges, data-based decision making, establishing ethical practices and managing ethical dilemmas, etc.

The project team facilitated monthly technical assistance meetings with the five organization Implementation Teams, engaging a total of 37 individuals including administrators, APG

APG fidelity data (Implementation Checklists) were administered with each organization before starting up, and every six months

Facilitators, Family Support Providers, and participants in charge of referrals and outreach.

There are currently two online learning portals using the UNH Canvas platform for APG Facilitators. One is for training is for Peer leaders brand new to the field who have not attained certified Recovery Support Worker Training and the second is for facilitators who have already completed CRSW training, requiring fewer asynchronous training requirements. All remaining APG Facilitators in July 2024 have been trained as Certified Recovery support workers. It is required that each APG have at least two trained facilitators.

## Accomplishments

The IOD contracted with Harbor care to export data from Recovery Link and develop a data guide to help organizations eventually export and import their own data in Fiscal Year 2025.

- Development of the QuickBase database took place in the fall of 2023, and all organizations were trained on entering and using the data. A second training was provided to Recovery Community Organizations about exporting data from Recovery Link and how to import into the APG QuickBase database in spring of 2024. The database includes activities that organizations are providing, de-identified demographic information, organization's implementation checklist progress and actions plans, facilitator fidelity data and youth and family satisfaction data.
- There have been 928 youth contacts in APG activities, including weekly recovery groups, 1:1 recovery coaching, family support, prosocial youth and family joint social events, and psychosocial/ educational programming.

thereafter, with data demonstrating that the average scores increase with coaching and technical assistance over time. Initial



scores at baseline were below 25%, with average scores doubling by the second administration, and all organizations meeting or exceeding fidelity (scoring 75% or higher) by the third administration.

Seven presentations at regional and National Conferences took place in Fiscal Year 2024 including the NH Court Diversion Summit, Annual Association of Alternative Peer Groups Conference, NH NASW JEDI Conference, Strafford County Addictions Conference, Northeast Positive Behavioral Interventions Conference, SOS Recovery, Inclusion and Harm Reduction Conference.

HSRI collected data on 30 youth served, and found that 75% were male, most were heterosexual (79%), and 86% were white. There were an estimated 86 youth who participated in an APGs in 2024, primarily in the seacoast, southern, and lakes regions of the state. The project staff made multiple efforts to connect with organizations in the southwest, west central and northern regions of the state, successfully engaging a consortium of providers in Carroll County.

## **Challenges**

The APGs operating within school systems continue to face barriers collecting data due to restrictions in being able to survey youth due to NH nonacademic survey legislation.

All APGs have struggled with caregiver/ family engagement and many organizations are faced with challenges regarding staff capacity and turnover of staff.

Importing data from Recovery Link into the APG database, and aligning the data required significant collaboration with Harbor care. Additional refinements in the APG reports features need to be updated in Fiscal Year 2025.

Finding an organization willing to stand up an APG in underserved regions of NH (Monadnock Valley and the north country) was especially challenging, due to limited workforce, the regional distance between organizations and general lack of youth substance use supports.



**Table 2: Alternative Peer Groups Supported by the Resource Center in FY 2024**

Type of Alternative Peer Group Training	Purveyor (Training & Coaching Provider)	Providers	# of trainings provided	# individuals trained	# individuals receiving TA
Implementation Team Trainings	UNH Institute on Disability	Schools, Recovery Community Organizations, Family Support Organizations, Substance Use Treatment Providers, Youth Centers	3	12	37
Online asynchronous APG Facilitator Trainings	UNH Institute on Disability	Same as above	5	13	
Youth Mental Health First Aid training	UNH Institute on Disability	Same as above	1	5	
Database trainings	UNH Institute on Disability	Same as above	2	22	
Learning Community meetings	UNH Institute on Disability	Same as above	11	46	

## Summary

The Creating Connections continuum of care has steadily developed and grown over the last 6 years after the initial demonstration. Youth who participate in the Seven Challenges treatment and Alternative Peer Groups can develop self-awareness, relationships, and goals that can contribute to healthier physical, emotional, and social development. The challenges to continued progress include the behavioral health workforce crisis, the lingering boundaries between the substance use and mental health treatment systems, linking youth to the right treatment, at the right time, in the right dosage, and keeping youth engaged.

Funding has been awarded the NH Children's Behavioral Health Resource Center in FY 2025 and 2026 to continue supporting and developing the Creating Connections NH continuum of care. This will allow the services and supports to be better integrated into the NH Children's System of Care model.<sup>11</sup> The funding is minimal, however, and will not allow for geographic expansion of the model to youth in rural communities, those from diverse ethnic or racial minority groups, LGBTQ+ youth, or those in the justice system.

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<sup>11</sup> <https://childrensbehavioralhealthresources.nh.gov/about-cbh-resource-center>



## Recommendations:

### Increase investments in the Creating Connections NH initiative to:

- Fully support development of the CCNH continuum across the state, with a special emphasis on building access in the north country, west central, and southwest regions.
- Support access to training in less intensive, less expensive treatment models, such as Motivational Interviewing.
- Support providers who are working with youth from marginalized communities and high-risk youth including those experiencing homelessness, or those in diversion and justice settings.
- Support the development of outreach and cross sector networking and referrals pathways.
- Align and link with the Certified Community Behavioral Health Clinic (CCBHC)<sup>12</sup> initiative in the state. The CCBHC model shows promise for community mental health centers to formally integrate substance use treatment into their menu of services.
- Expand the reach and connection of Alternative peer groups into more community-based settings, including schools, where APGs have demonstrated effectiveness as an alternative to suspension.
- Create an interagency/cross sector decision-making structure to ensure that the Creating Connections continuum of care is maintained and expanded in the most effective and efficient manner. Critical partners may include BCBH, BDAS, DCYF, the diversion network, community mental health centers, SUD providers, recovery organizations, schools, the Doorways, and purveyors.

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<sup>12</sup> <https://www.dhhs.nh.gov/programs-services/health-care/behavioral-health/certified-community-behavioral-health-clinics>



## Appendix. FY 2024 Creating Connections NH Workplan

Goal: Ensure that youth and young adults in NH continue to receive accessible and effective treatment and recovery support services by implementing and sustaining the Creating Connections NH continuum of care.

Objectives	Person(s) Responsible	Timeline	Resources
Objective 1: Facilitate The Seven Challenges training for 3 new organizations in NH; serve at least 15 youth.		By March 2023	
1. Reach out and determine which current organizations need additional 7C training. Enroll three new organizations in October 2023 training	JoAnne Malloy	August 15, 2023	JoAnne's time: outreach <b>Cancelled</b>
2. Reach out, recruit, and enroll 3 new organizations in October 2023 training	JoAnne Malloy	August 15, 2023	JoAnne's time: outreach <b>Cancelled</b>
3. Complete contract with NHTIADA	JoAnne Malloy Sammy Klipsch	Done	\$43,000 contract with NHADACA remains unspent – would pay for 34 new organizational licenses <b>Cancelled</b>
4. Offer The Seven Challenges training		October 2023	Brief Challenges training March – approx. <b>\$7,000</b>
5. Order and obtain sufficient 7C materials for at least 2 years of implementation	NHTIADA	September 15, 2022	We purchased \$5,500 in supplies for a Manchester MHC internal training – not yet posted in financial report
6. Hold training; track participants, evaluate trainings, award certificates	NHTIADA Cat Jones	October 2023	In process
Update 12/2023: We have purchased license renewals for			\$28,900.00 is reserved





Objectives	Person(s) Responsible	Timeline	Resources
<p>organizations trained in 2022 and 2023. We have focused on outreach and development of interest in regions where there are no providers: the southwest, western, and northern NH, and reached out to CMHCs, regional health collaboratives, and the diversion network and have yet to find interested providers. We have funded existing providers to train new leaders (for sustainability), paid their license renewals as they have come due, and supported Brief Challenges training for several staff at CMHCs. We have also purchased materials for one center that is training new clinicians internally. That said, we need to continue outreach. Trained and active Seven Challenges organizations:</p> <ol style="list-style-type: none"> <li>1. Riverbend MHC</li> <li>2. Foundations Counseling</li> <li>3. Lakes Region MHC</li> <li>4. MHC of Greater Manchester</li> <li>5. Community Partners</li> <li>6. Seacoast Mental Health</li> <li>7. Archways (FRC)</li> <li>8. Harbor Care</li> <li>9. Greater Nashua Mental Health Center</li> </ol>			for these renewals, most have been paid
Objective 2: Support implementation of The Seven Challenges provided by all trained sites; serve at least 60 youth, and increase sustained engagement of youth		Ongoing through June 2024	
1. Establish and facilitate five Seven Challenges Learning Community meetings focused on implementation for current and new implementers – July, September, December, March, June	JoAnne Sharon Connor	In progress. 3 LCs have been held since July 2023.	Completed
2. Work with The Seven Challenges staff to reinforce youth engagement and fidelity	JoAnne Sharon Connor	Ongoing. 7C staff visited NH in	Data items are being developed



Objectives	Person(s) Responsible	Timeline	Resources
		August and conducted fidelity audits	
3. Work with sites and community systems to create a reliable referral base to Seven Challenges providers	JoAnne BDAS, BCBH	Ongoing. Invited diversion network to LC, highlighted school exemplar	HSRI and IOD time – QuickBase license is for APGs and 7C
<b>Objective 3: Support current Alternative Peer Groups and stand up 1 additional Alternative Peer Group. Enroll 5 youth per site</b>	<b>Heidi Cloutier</b>	<b>By March 2023</b>	
1. Reach out to existing Alternative Peer Groups and determine which current organizations will continue	Heidi Cloutier	By July 30, 2023	Completed
<p>Completed:</p> <ul style="list-style-type: none"> <li>• Safe Harbor is operating 1 APG in Portsmouth and 1 in Rochester in collaboration with Waypoint Youth Outreach</li> <li>• Archways is operating 2 APGs, one at the Newfound school and 1 in Franklin;</li> <li>• Revive Recovery has 1 APG in Nashua, NH;</li> <li>• Live Free Recovery has 3 APGs one at Dover High school, Bellamy academy (alternative school), Dover Middle School and provided 1:1 Recovery coaching during the 2023-24 school year while they plan to start an APG at Somersworth;</li> <li>• Wildcats for Recovery is operating on the UNH Campus for young adults/ students at UNH.</li> <li>• Carroll County added 1 APG located at Kingswood Youth Center and is launching a second APG located at Terra Equine Center in June 2024.</li> </ul>			\$20,000 set aside for APG support, \$4,000 for Virginia Ross consultation, sub with Live Free Recovery Consultants
2. Set up Individual Contract Accounts with identified benchmarks for organizations continuing APGs for FY 2024.	Heidi Cloutier Sammy Klipsch	By August 15, 2023	Completed



<b>Objectives</b>	<b>Person(s) Responsible</b>	<b>Timeline</b>	<b>Resources</b>
3. Reach out to organizations in low-resourced areas to select 1 additional Alternative Peer Group to pilot by January 2024	Heidi Cloutier	by January 2024	Completed
4. Facilitate APG Implementation Checklist with each organization by September 30, 2023, and again in April 2024	Heidi Cloutier	by September 30, 2023	Completed
5. Facilitate monthly APG Learning Community meetings focused on increasing APG Facilitator skills and improving implementation for current and new implementers (based on APG Feedback and Fidelity Tools administered fall of 2023 and spring 2024).	Heidi Cloutier	Through June 2024	Completed
We have Facilitated monthly learning communities with topics focused on engaging youth, facilitating joint youth and family programming, strategies for navigating the holidays, culturally responsive care, supporting youth with nicotine and cannabis cessation, using Wellness, Recovery Action Plans, Trauma informed care, school and other community collaborations and the Seven Challenges to increase coordination and collaboration among providers.			Completed
6. Work intentionally to support sustainability of The Seven Challenges and Alternative Peer Groups. Form a working group and identify funding	JoAnne Malloy Heidi Cloutier BDAS BCBH	By February 2024	Completed
<b>Objective 4: Implement a sustainable data collection and tracking system for APGs</b>	<b>Nilufer Isvan Heidi Cloutier Sammy Klipsch</b>	<b>By March 2024</b>	<b>In Progress</b>
1. Develop database for APGs to enter data and pull reports for decision making by August 1, 2023	Heidi Cloutier Sammy Klipsch	August 1, 2023	Robust database has been created



<b>Objectives</b>	<b>Person(s) Responsible</b>	<b>Timeline</b>	<b>Resources</b>
2. Develop Training and Resources for APGs to learn to use the database and how to pull reports and have APGs begin exporting their own data from Recovery Link by June 2024.	Heidi Cloutier Sammy Klipsch Harbor Care	December 30, 2023	Completed
3. Incorporate feedback from APGs to make improvements in the database by March 2024	Heidi Cloutier Sammy Klipsch	March 2024	Completed
<b>Objective 5: Design and stand up a sustainable data system for The Seven Challenges and other SUD EBPs</b>	<b>Nilufer Isvan JoAnne Malloy Sammy Klipsch Sharon Connor</b>	<b>October 1, 2024</b>	<b>In progress</b>
1. Develop data items and a data map	Nilufer Isvan JoAnne Malloy Sammy Klipsch Sharon Connor	By October 1, 2023	Completed
2. Build out application in QuickBase	Beth Longe JoAnne Malloy	By October 1, 2024	In process
3. Test out application with 2–3 agencies	Beth Longe JoAnne Malloy	October – December 2024	
4. Make site available to all Seven Challenges providers	Beth Longe JoAnne Malloy	January 2025	
<b>Objective 6: Stand up campus recovery project at UNH</b>			<b>Complete</b>
1. Plan weekly activities for the Supportive Recovery Campus Community (SRCC) with special attention to those events that are frequently substance involved, starting August 31, 2023	Heidi Cloutier Nancy Bushinsky Bob Faghan	August 31, 2023	Separate funding source Completed
Weekly peer recovery groups launched on 8/28/23 at UNH and 40 youth engaged this academic year, 1,323 students engaged in pro social activities, substance free social functions, service activities such as Earth Day campus cleanup, etc., and 1,288 students			



Objectives	Person(s) Responsible	Timeline	Resources
engaged in educational activities and outreach regarding Allyship training, harm reduction, making mindful choices about alcohol, nicotine, and other drugs, and understanding the effects of these substances on their bodies.			
2. Offer CRSW Training to peer leaders/Group facilitators by August 2024.	Heidi Cloutier	January 2024 and August 2024	In progress
Heidi is an approved trainer for the Choices Certified Recovery Support Worker training and the first training for Peer Leaders will take place in August 2024 in order to accommodate peer leader/ student schedules.			
3. Recruit/ hire and train group facilitators starting August 2023.	Heidi Cloutier	August 2023	
Since we did not receive funding for Wildcats for Recovery until 9/29/23, we started the Peer Recovery group with one trained CRSW who completed an MSW internship working as a peer leader for Wildcats for Recovery. A full-time project coordinator and two part-time student peer leaders were hired in April 2024 and shadowed the Wildcats for Recovery group.			
4. Convene monthly UNH SRCC Advisory/ workgroup meetings to discuss student engagement, problem solve, monitor implementation.	Heidi Cloutier Nancy Bushinsky	September 2023- May 2024	Completed
We had ten SRCC Advisory Council meetings this semester, facilitated monthly, have a representative on the Campus Alcohol and Other Drug Coalition, and developed an outreach and engagement plan.			
5. Provide 3–4 campus wide trainings to faculty/ staff and students about recovery supports, harm reduction and available supports and resources.	Heidi Cloutier Nancy Bushinsky Recovery Friendly Workplace	September 2023- May 2024	Completed



Objectives	Person(s) Responsible	Timeline	Resources
<p>We partnered with Recovery Friendly Workplace to provide two “lunch and learns” for students, faculty, and staff on campus in November and December 2023: “Substance Use Disorder, Bias, and Discrimination” and “Supporting a Loved One with SUD while Taking Care of Yourself in the Process.” Staff and students presented a poster at the NH NASW JEDI Conference on qualitative data collected from a student engagement activity last spring called, “Can We Talk about the Elephant in the Room?” around concerns students expressed about substance use on campus, challenges to recovery, and how they define recovery. Presented at the Strafford County addictions Conference and the SOS RICH Conference in the spring of 2024. Provided two Recovery Ally trainings in spring 2024 semester, one for students and one for faculty and staff.</p>			
<p>6. Develop resources/ training materials for fraternities/ sororities/ residential assistants to share resources with students.</p>	<p>Heidi Cloutier Nancy Bushinsky</p>	<p>September 2023</p>	<p>In process</p>
<p>We have shared resources about Wildcats for Recovery, educational programs and have reached out to request collaboration on a screening of the We Are Here SUD videos with a facilitated discussion for fall 2024</p>			
<p>7. Work intentionally to support sustainability of UNH SRCC, including securing funding.</p>	<p>JoAnne Malloy Heidi Cloutier BDAS BCBH</p>	<p>By February 2024</p>	<p>In Process</p>
<p>We have several plans to support sustainability including hiring a project coordinator, recruiting peer leaders each semester to train as CRSWs to ensure that each semester we are investing in new student leaders to facilitate peer recovery supports, establishing</p>			



Objectives	Person(s) Responsible	Timeline	Resources
campus wide support across various colleges and departments, requesting alumni donations to support Wildcats for Recovery.			
8. Secure funding for at least two additional years	JoAnne Malloy Heidi Cloutier BDAS BCBH	March 2024	In process
We have been in communication with NH DHHS about requesting additional funds for FY 2025 through the Governor’s Council/ “tertiary prevention on college campuses”			
9. Develop data items and a data map for UNH SRCC	Heidi Cloutier Nancy Bushinsky Sammy Klipsch	June 2024	In process
We developed surveys that are administered at the end of each Wildcats for Recovery group with participants to collect demographic, satisfaction, and the reason students are attending. This data is used by the group facilitators to inform meeting topics and activities. Additionally, SRCC activities, facilitator fidelity, and Implementation data are being tracked using the QuickBase database that was developed this fall.			
Sustain the SUD work for youth and young adults into FY 2025–26			
1. Obtain funding	JoAnne Malloy BCBH	June 2024	\$80,000 in Resource Center budget for FY 2025
2. Develop a new workplan	JoAnne Malloy Heidi Cloutier Key partners	September 2024	